# Construction and Standardization of Competent Mother Questionnaire Based on Islamic Sources

**Houssein Elahi**
M.A Graduated of Personality Psychology, Higher Education Complex of Islamic Humanities, Al-Mustafa International University, Qom, Iran.
hoseynelahi@chmail.ir
**Ja'far Houshyari**
Assistant Professor, Department of Psychology, Higher Education Complex of Islamic Humanities , Al-Mustafa International University, Qom, Iran, (Corresponding Author).
j.houshyari@yahoo.com

**Abstract**
This study aims to extract and determine the characteristics of a competent mother and construct a questionnaire based on Islamic resources. For this purpose, related verses and hadiths were examined and the components and sub-components of maternal competence were extracted and after content validation, were analyzed by the method of religious-psychological inference. The statistical population of the qualitative section of the research included the Quran verses and valid narrations, and the statistical population of the quantitative of the research included mothers in Tehran and Qom provinces who were selected by the convenience sampling. After confirming the content validity of the components and sub-components, a preliminary questionnaire was prepared and after confirming the content validity of the items, it was performed on samples with a volume of 55, 79, 539 people to evaluate face validity, reliability and construct validity. Findings showed: A) The mother should have characteristics and components in the biological-psychological, cognitive, emotional and behavioral dimensions; B) Each of these components has sub-components. The bio-psychological sub-components are: physical health and mental health; cognitive sub-components are: cognitive readiness for being a mother and accepting the role of a mother; the emotional sub-components are: heartfelt acceptance of a child, being companionate to the child, and being patient and tolerant; behavioral sub-components are: being compassionate to the child, being actively present beside the child, tolerating the child, being accountable, raising the child properly, being honest and fulfilling promises, having a coordination with the spouse in raising a child, and having justice as a mother. C) The reliability of the questionnaire was found 95% by Cronbach's alpha method; D) The results of factor analysis showed that the questionnaire is of good construct validity; E) As the questionnaire was found to be of good validity and reliability, it was indicated that this instrument is of fundamental components to be used for assessing the characteristics of a competent mother, and it can be used to assess the characteristics of a competent mother.
**Keywords:** Competent Mother, Questionnaire, Psychometrics Characteristics, Islam and Psychology.



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