Philosophical methodology of counseling science with a view to Islamic philosophy

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Abstract
The aim of this study was to investigate the methods used in counseling and its evaluation. In this research, the texts of the research method in the science of counseling were examined and the methods used in this science were examined, and then the method and approach of Islamic philosophy were evaluated with a philosophical view. Therefore, in this study, the hermeneutic method and content analysis were used to identify the methods used in science and the philosophical method was used to evaluate the methods. The findings showed that non-research methods are not documented on a specific philosophical basis and are not useful for extracting science propositions. Research methods based on positivist, interpretive and pragmatist approaches are divided into three methods: quantitative, qualitative and mixed, each of which has several research methods. In general, none of these methods from the Islamic point of view can provide complete certainty, but each of them can gain some level of confidence according to the rules governing the empirical method from the Islamic point of view. In quantitative methods the experimental method, in qualitative methods the Consensual Research and in the mixed methods the Triangulation Design have the most validity.

Keywords: Methodology, counseling, Islamic philosophy, quantitative method, qualitative method, Mixed method.

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