A Multifaceted Model for the Identification and Treatment of Generalized Anxiety Disorder: Introducing the logic revolution

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Abstract
Despite the many successes of clinical psychotherapists over the past half century, a review of the results of current therapies in clinical psychology shows that current approaches are unable to consider all aspects of a disorder simultaneously. Also, these approaches neglect important parts of reality (which are called unseen facts). The multifaceted model of identifying and treating psychological disorders, believes that in order to explain psychological disorders, all components of a disorder should be counted as a whole (deductive) and interact with the perceptual components of the researcher. To be placed. Accordingly, instead of explaining a single factor for this purpose, the author has assumed the perceptual characteristics of human beings, which are sense, intellect, and heart, in the vertical axis by selecting diffuse anxiety disorder, for example, and in the horizontal axis, the characteristic. Considers diffuse anxiety disorders, which include behavioral, cognitive, and emotional aspects. The present study, while introducing this model, which has the characteristics of flexibility, universality, comprehensiveness and pathology model, guides the practice of the medical model, paves the way for the introduction of religious variables regarding psychological disorders, comparability of different theories, and finally truth. The test provides the claim of religious models.

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